

The Hale Jombang's most popular dances.

The Gay Gordons

Arrangement: couples around the room facing anti-clockwise, gentlemen have their partners on the right.

- Mans right hands goes round the ladies back and joins the ladies right hand over her shoulder, and left hands joined in front, walk forward for four steps.
- Still moving in the same direction, and without letting go, turn right on the spot so left hand is behind lady and right hand is in front and take four steps backwards.
- Repeat these two steps in the opposite direction.
- Drop left hands, raise right hands above lady's head. Lady turns on the spot whilst the man walks forward a few steps.
- Joining hands in ballroom hold, polka round the room.

Repeat.

The Canadian Barn Dance

Arrangement: couples around the room facing anti-clockwise, ladies on the right.

- Starting with the outside foot, walk forward for three steps and hop.
- Walk backwards for three steps and hop.
- Skip sideways away from your partner for two steps and clap.
- Return to partner and join in ballroom hold.
- In ballroom hold, skip sideways to the man's left, lady's right for two steps then back again.
- Polka anti-clockwise around the room.

Repeat.

The Twostep

Arrangement: couples around the room facing anti-clockwise, ladies on the right.

- Lady with hand on man's shoulder, man with arm around waist (Or just hold inside hands), touch heel then toe of outer foot to ground twice.
- Walk forward for three steps then turn towards each other to face in the opposite direction.
- Repeat in the opposite direction.
- Face your partner and joining both hands, bounce on both feet, then kick the right foot across the body.
- Repeat with left foot.
- Turn the lady under the gentleman's arm.
- Polka anti-clockwise around the room.

Repeat.

The St. Bernard's Waltz

Arrangement: couples around the room in ballroom hold heading anti-clockwise, ladies on the outside.

- In ballroom hold, take three steps sideways towards the lady's right, man's left, then stamp both feet.
- Take two steps back, sideways in the opposite direction.
- Take two steps towards the centre of the room (lady heading forwards with right foot then left foot, man backwards with left foot then right).
- Take two steps back out (same feet).
- Lady turns about on the spot under the joined left hands.
- Waltz onwards round the room.

Repeat.

The Circassian Circle

Arrangement: Large circle round the room, ladies on the right of their partner.

- Hands joined in a circle, whole circle side steps round to the right.
- All advance for four steps into the middle, then return for four steps.
- Drop hands, ladies advance for four steps and clap on the fourth, retire.
- Men advance for four steps and clap on the fourth, retire
- Face your partner,
- Clap your hands together three times.
- Clap your partners hands three times.
- Put your hands behind your back and clap your hands three times.
- Back round the front clap your hands three times.
- Link right arms with your partner and spin on the spot for eight.
- Link left arms and repeat in the opposite direction.
- Hold hands in the big circle again and side step left for eight.

Repeat.

The Dashing White Sergeant

Arrangement: three facing three in sets around the room, man between two ladies or lady between two men.

- Join hands in a circle of 6 and circle round to the left for 8 steps (4 bars) and then back to the right.
- The person in the middle turns to the person on their right and sets to them (Jump about), then turns them once round linking right arms. The other partner stands still.
- Face the other partner and repeat.
- Linking arms, turn 1st partner (Left arm), then 2nd partner (right arm), then 1st partner, then 2nd partner.
- In the lines of three join hands, advance towards each other for three and retire.
- Both lines dance forwards, one line raising their hands in an arch and the other line dancing underneath, and dance on to meet the next set of three coming in the other direction.

The Eightsome Reel

Arrangement: four couples arranged around a square, lady on the right of the man. Each couple are numbered 1-4 (anyway which suits).

Intro

- All join hands in a circle and circle round to the left for 8 steps and back.
- Ladies join right hands in the middle, and hold partners around waist, and all dance round in a star or wheel.
- Swing round (couples still holding around the waist) so the men join left hands, and dance back with a left hand star.
- Face partners and set for eight.
- Spin partners on the spot linking right arms.
- Starting in original position facing your partner.
- Give right hand to partner to start, then walk past them onto the next person (Never turning round) Give the next person your other hand and walk past them again with other shoulder passing. Dance a grand chain around the set (keep going in the same direction and give right hand, then left hand, then right hand, ... until you get back to place where you started and meet your partner).

Body - repeat 8 times

- 1st lady goes into the centre of the set and sets while the others circle round to the left and back for 8 steps.
- 1st lady sets to partner, turns him using right arm, sets to opposite man and turns him using left arm.
- 1st lady turns partner (with right), opposite man (with left), partner, opposite man
- Lady then sets again in the centre while others circle round to the left and back for 8 steps..
- Lady then repeats above steps with other two gentlemen.

Repeat Body with 2nd lady, 3rd lady, 4th lady, 1st man, 2nd man, 3rd man, 4th man in the centre.

End - Repeat the 40 bars of the start of the dance by doing the intro steps.

Strip the Willow

Arrangement: Longwise sets of 4 couples, men on the right and ladies on the left as viewed from the band.

Couples number from nearest the band.

- 1st couple spin for 8 using their right arms.
 - 1st lady turns the 2nd man using her left arm.
 - Spins her partner in the middle using her right arm.
 - 1st lady turns the 3rd man using her left arm.
 - Spins her partner in the middle using her right arm.
 - 1st lady turns the 4th man using her left arm.
 - Spins her partner in the middle using her right arm for 8.
 - 1st man turns the 4th lady using left arms.
 - Spins his partner in the middle using his right arm.
 - 1st man turns the 3rd lady using left arms.
 - Spins his partner in the middle using his right arm.
 - 1st man turns the 2nd lady using left arms.
 - Spins her partner in the middle using her right arm for 8.
 - 1st lady works down men, while 1st man works down ladies using left arms but spinning their partner in the middle between each spin.
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- Spin with partner using right arms for 8.

Next couple starts when 1st couple start spinning at the bottom for the last time.

Orcadian Strip the Willow

Arrangement: Couples in a long line down the room, men on the right and ladies on the left as viewed from the band. Couples number from nearest the band.

- The 1st couple spin for 16 beats.
- The 1st couple work down the opposite line spinning the people with their left arm.
- They should spin with their partner after each opposite person in the middle using their right arms.
- 2nd couple spin for 16 beats.
- 2nd couple work their way down the lines as 1st couple' .

When 1st couple reach the bottom, they spin for 8, then join the side lines.

A new couple starts once the first have moved down several places.

The Virginia Reel

Arrangement: Longwise sets of couples or simply two long lines, men on the right and ladies on the left as viewed from the band. Top couples nearest the band.

- All advance (clap clap) and retire (clap clap)
- All advance (clap clap) and retire (clap clap)
- All advance and retire, turning partners with Right Arm.
- All advance and retire, turning partners with Left Arm.
- All advance and retire, turning partners with both hands.
- All advance and retire, walking round the back of their partners and walking backwards (do-si-do).
- Couples 1 and 2 (Nearest the band) join both hands and side slip down the middle and back.
- Couples 1 and 2, followed by all other couples cast off to the bottom walking round the back of their own lines (Grand old duke of York); Couples 1 and 2 make an arch and all the other couples dance up to new positions.

Dancers will all have to wait until everyone is through the arch before starting again. Listen to the music and/or the band caller!!

Repeat.

The Flying Scotsman

Arrangement: 4 or 5 Couples per set. Two lines, men on one side ladies on other. Couple number 1 nearest the band.

- Ladies join hands and lady number 1 lead the line round the back of the line of men and down and back round to their original places.
- Men join hands and man number 1 lead the line round the back of the line of ladies and down and back round to their original places. (Once this becomes easy the lines can zig-zag in and out down the line of ladies/men and back up to their original places.)
- Top couple join hands and side step down the middle of the lines using long steps for 8.
- They then side step back but go into last place in their set, i.e. furthest away from the band using small steps.
- All couples and all sets now join hands and side step down for 8 and back for 8, resulting in a new top couple.

Repeat.

Hooligan's Jig

Formation: 2 Couples per set. Ladies stand back to back and partners face them. men on the right and ladies on the left as viewed from the band. Couples number from nearest the band.

- Dance with your partner in any way you choose for 16 beats.
- Link arms and spin for 16 beats, but men finish up in middle facing each other!
- The men only dance with each other in any way they choose for 16 beats.
- Men link arms and spin for 16 beats, but finish up facing the opposite lady.
- Dance with your opposite in any way you choose for 16 beats.
- Link arms and spin for 16 beats, but ladies finish up in middle facing each other!
- The ladies only dance with each other in any way they choose for 16 beats.
- Ladies link arms and spin for 16 beats, but finish up facing their original partners.

Repeat ad lib.